

Basic Coaching Skills & Super Powers

Game Card - Start Here



Quick Summary:

Together in the pursuit of mastery!

Transform your mindset...

From: Coaching is an intervention for people with problems; Learning is about finding the right answers.

To: Coaching skills ARE the new essential skills of leadership in the 21st Century: The Connected Age of Purpose and Play; Learning is about the ongoing pursuit of mastery in an ever emerging game.

Basic: Fundamental; forming a base

Coaching: The art of helping another person get better at playing something that matters to them; in pursuit of winning on their own terms.

Skills: the ability, coming from one's knowledge, practice, aptitude, etc., to do something well:

Super Power: A unique ability to create a BIG impact in a short period of time.

Quick Outline

1. The primary focus of the game: Learn and PRACTICE coaching
2. The second focus of the game: Learn to be a player
3. DO THIS FIRST
4. The badges in this game
5. How to ROCK the Game Card + 10 BIG Reasons to Rock the Game Card Lifestyle

1) The Primary Focus of Game:

Become a game changing coach by studying coaching and practicing coaching

In the game you will earn points in three ways:

- 1) Study the Coaching Super Powers and share about what you are learning. You will find these elements in the "Power Up" section of the game card
- 2) **The MOST important points of this game element are earned by coaching!** Here you will earn points by conducting coaching sessions and then sharing about what you learned. There are 4 different Coaching Missions in the game.
- 3) You earn BIG WIN points when you receive a "Thanks, Coach" note from one of your players.

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2) The Second Focus of Game:

Become a game changing player by making the transformation from TASK to ASK!

In this part of the game you will earn points in three ways.

1) Transform your BIG GAME in life **from a task list to a game of “ASK”**. Playing the game of “ASK” is a simple and provocative way to experience the power of playing for a result rather than working on tasks. This serves a dual purpose because by playing the game of “Ask” you can be coached toward a creating a winning result with your coaching partner, rather than “problem du jour intervention” coaching that typically occurs.

You will find the Play Power element where you define your game of “ASK” in the “Power Up” section of the game card

2) The **MOST important points of the game element are earned by ASKing for what you want and going for a result of “YES”!** Here you will earn points by simply making the “ask” and then sharing what you learned about yourself in the experience.

3) You earn BIG WIN points when you receive a “YES” from someone and they ACT on what you asked for.

3) Do This First

Share on your game card and collect points. YES!

	<p>Step 1: Click through to your game card. Look for the Power Up section (Find the Red Button with the Rocket!)</p> <p>Find the GAME CHANGER badge. You will see the game card description...</p> <div data-bbox="438 1291 633 1491">  </div> <p>START HERE: I just read the game overview to get into the GAME! This is why I am excited about becoming a GAME CHANGER by using Coaching Superpowers...</p> <p>Click on the SHARE button in the right column.</p> <div data-bbox="438 1501 495 1564">  </div> <p>A text entry window will appear. Complete this statement on your game card by sharing thoughts.</p>
	<p>Get your FB friends cheering you on! (optional)</p> <div data-bbox="438 1669 763 1743">  </div> <p>Under the share box you will see the Facebook login button and “Share On Facebook” button.</p> <p>If you share on Facebook you earn +1 Bonus point in your total score.</p>

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A few notes about the CoachVille Game System

A **POWER UP** is something that prepares you to something in the game better. (With more power)

A **GAME ACTION** is when you do something in the world and share about what happened.

A **BIG WIN** is when you get a desired result in the world by taking action and share about what happened.

{Keep Reading}

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Game Badge Overview

Game Badge	 Power Up	 Game Action	 Big Win
	Read this playbook to get an overview of the game.	Share about your experiences in playing your life as a game.	* None *
	Coach Mission's #1 - #4 Prepare to conduct life-changing coaching sessions with your players during the 5 weeks of the course.	Conduct coaching sessions with your players during the 6 weeks of the course and share about what you learn.	Share when you get a 'Thanks Coach' note from one of your players.
	Play Prepare to play the game for results as a catalyst to your transformation from worker to player.	Take your action and share about what you learned from the experience.	Get the result and share about what happened.
	Study Here you earn points by reading the Basic Coaching Playbook, listening to coaching demonstration audios and then sharing what you learned.	* None *	* None *
	Contribution There will be a game card element for each class session where you can share your highlights from class.	* None *	* None *
	Coaching Mastery Here you earn points by answering questions about coaching or completing exercises that will help you become a better coach.	* None *	* None *
	Partner Connect with your class partner to complete the coaching conversations that you started in class and discuss life-changing ideas.	Connect with your coaching partner outside of class and share about what you learned.	* None *

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Game Overview – the Game Action and BIG WIN elements

This is the MOST important part of the game card!

Every day, go to the Game Action page on your game card and share something.

If you had any noteworthy results, go to BIG WINS page to share those as well!

Start at the top of the page.

Ask yourself if you have something to share about each one as you scroll down.

1) **Coach Challenge**

Every time you have a Coaching Session, share which Coaching Proficiencies you used and what you learned.

Doing this will GREATLY accelerate your path to mastery.

It will also help ALL of your team mates learn faster as well.

If you get a “Thanks, Coach”, go to the BIG WIN page and share about it there!

2) **Play Challenge**

Every time you take an action in your game as a player, share what happened and share what you learned.

If you got the BIG WIN result that you were playing for, go to the BIG WIN page and share about it there!

Then do the “Happy Dance of JOY” ;-)

3) **Partner:**

When you connect with your class partner between class sessions to practice coaching or catch up on each other’s games, share on your game card.

4) **Game Changer**

It is important to share something every day. This keeps your brain in “participate, share and learn mode”.

If you have nothing to share in any of the previous game elements, then **SHARE a RACE update**.

Typically this will happen if you have a distracted day or a day when a lot of unexpected things happen.

Simply share your feelings about the day and what you learned from what DID happen.

This is a very important process that will clear your mind so that you are FREE to jump in and play the next day with a clean slate!

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How to ROCK the Game Card Lifestyle

Important Information for first time players

The Game Card is what makes participating in programs at CV unique from any other learning place in the world!!! It is what makes our environment a “Community of Mastery”. YES!

Playing the game card will accelerate your path to mastery by 100 Times!

This what you must do:

1) At the start of the game, go to the Power Up section of the game card to find the play sheet for each element of the game – Like the one you are reading right now. This will tell you what you need to do to earn points in the game. It will also focus your real life business actions in a really powerful way.

FOCUS IS VERY IMPORTANT!

2) Go out in the world and do awesome things, take actions and create results; or NOT.

3) At some point every day, visit your game card:

It is important to share something every day about your game as a player. This keeps your brain in “participate, share and learn mode”.

Every day, take actions in your game and **SHARE an update.**

A) Go to the Game Action and Big Win Sections of your game card

B) Scroll through the game elements until you find one that you can share something about.

They are in strategic order of importance.

C) Share something that you did. What was the result? What did you learn?

Always share with the intention to inspire others; even when you feel like you failed or had a crappy day. (Failure can be just as inspiring as success)

D) Participate: Visit the game cards of your team mates and read a few shares and make a comment.

This is a very important process that will clear your mind so that you are FREE to jump in and play the next day with a clean slate!

Important: It may seem like it takes time, but in reality the Game Card GIVES you LOADS of time.

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10 Big Reasons To Rock The Game Card Lifestyle

- 1) You are insanely busy. When you give of your time – time that you don't even have - to contribute to your community, you are a hero. Your community needs heroes. It is as simple and powerful as that.
- 2) Sharing consistently activates a part of your brain that accelerates learning from successes so you get better results much faster. You also avoid repeating mistakes; which is a good thing.
- 3) Sharing about your experiences in writing reveals powerful insights that would otherwise remain hidden. In other words, **you CREATE and LEARN while you are writing**. For example if you are facing a challenge and you type into your game card: "The perfection of this situation is..." FLASH! Insight.
- 4) Learning from others – by reading their game cards - accelerates your path to mastery because you amplify your own learning experiences.
- 5) Sharing your insights in a way that contributes value to others in the community boosts your experience of your own value; receiving external feedback from others creates a MEGA boost of self-worth.
- 6) KNOWING that you are part of a learning community – rather than operating in isolation- boosts your overall feeling of goodwill. Feeling goodwill keeps you operating in the BIG part of your brain where you are creative, while feeling alone keeps you in the smaller/ animal part of your brain where you are reactive. "Isolation is the dream killer" – Barbara Sher
- 7) Having a place to go – your game card - to remember what you have accomplished in the recent past is a significant self-worth boost; When your self-worth is high you take more positive risks which leads to faster learning and better results.
- 8) Having a place to go to be reminded of your own objectives and see a written recap of what you have learned and accomplished recently helps you bounce back from disappointment and course correct very quickly. This minimizes or eliminates time lost due to feeling lost or down about what you are doing; which over time greatly accelerates your path to success.
- 9) Sharing in writing about your game activities at some point every day has the tremendous effect of clearing your mind. This then releases bandwidth being used to "remember" to be used for creativity. AWESOME! It frees up your mind to start the new day with a new game.
- 10) Long term awesomeness! You can come back and review these game cards at any time in the future when you need a boost and to see how far you have traveled on the path to mastery.